

ADMINISTRATIVE PROFESSIONAL POSITIONS MUST QUALIFY FOR ONE OF THE [EXEMPTION CRITERIA](#) SET FORTH IN RCW 41.06.070.

**ADMINISTRATIVE PROFESSIONAL  
Benchmark Job Class  
Strength and Conditioning Specialist/1224**

**Function and General Scope**

Positions assigned to this class are responsible for providing instruction in strength and conditioning techniques/procedures. Duties include but are not limited to, providing input on weight program design; providing instruction in correct and safe weight lifting techniques; supervising conditioning, speed development, plyometric and agility workouts of assigned athletic teams; analyzing athlete dietary consumption; and supervising interns, graduate assistants and volunteers.

**Classification Requirements (Minimum Qualifications)**

Positions require a Bachelor's degree in Physical Education, Exercise Science or related field and two (2) years of experience in strength and conditioning training of intercollegiate athletes. Positions require CSCS or SCCC certification.