

2019 Premium Surcharge Help Sheet

- Use the information below to attest on your 2019 enrollment form or the *2019 Premium Surcharge Change Form* whether the premium surcharges apply.
- The surcharges do not apply to subscribers and any dependents enrolled in PEBB dental coverage only.
- The surcharges do not apply to retirees or continuation coverage subscribers enrolled in Medicare Part A and Part B.
- The tobacco use premium surcharge does not apply to any enrolled dependents ages 12 and younger.

Tobacco use premium surcharge

What are “tobacco products”?

Tobacco products means any product made with or derived from tobacco that is intended for human consumption, including any component, part, or accessory of a tobacco product. This includes, but is not limited to, cigars, cigarettes, pipe tobacco, chewing tobacco, snuff, and other tobacco products.

Tobacco products do not include:

- E-cigarettes.
- Tobacco cessation aids approved by the FDA, such as:
 1. Over-the-counter nicotine replacement products.
 - All over-the-counter tobacco cessation products for adults ages 18 and older.
 - All over-the-counter tobacco cessation products for children under age 18 if recommended by a doctor.

Examples of over-the-counter nicotine replacement products include:

- Skin patches—generic (nicotine film), private label, or brand-name (Habitrol or Nicoderm).
- Chewing gum (also called nicotine gum)—generic (nicotine polacrilex or Thrive), private label, or brand-name (Nicorette).
- Lozenges—generic (nicotine polacrilex), private label, or brand-name (Nicorette or Commit).
- 2. Prescription nicotine replacement products.
 - Nasal spray or oral inhaler—brand name (Nicotrol)
 - Products not containing nicotine, such as pills—generic (bupropion hydrochloride) or brand name (Chantix or Zyban).

What is “tobacco use”?

Tobacco use is defined as any use of tobacco products within the past two months. It does not include the religious or ceremonial use of tobacco.

The surcharge **will not** apply if you and all enrolled dependents ages 18 and older who use tobacco products are enrolled in the free tobacco cessation program through your PEBB medical plan, or if enrolled dependents ages 13–17 who use tobacco products accessed information and resources aimed at teens at <https://teen.smokefree.gov>. Enrolled dependents ages 12 and younger are automatically defaulted to NO (non-tobacco users); this means you do not have to attest for dependents ages 12 and younger. You do not need to attest when the dependent turns age 13 unless the dependent uses, or begins using, tobacco products.

Does this mean tobacco use within the past two months from today?

Tobacco products used within the two months before the date you complete this form count as “tobacco use.”

What if tobacco use changes?

You must change your attestation when:

- **Any** enrolled dependent age 13 and older starts using tobacco products.
- **All** enrolled dependent ages 13 and older have stopped using tobacco products for two months, or have used the tobacco cessation resources noted above.

You can change your attestation online using *My Account* at www.hca.wa.gov/my-account or submit a *2019 Premium Surcharge Change Form*. (**Note:** University of Washington employees must use Workday.) Changes that result in a premium surcharge will begin the first day of the month following the status change (the date you or your dependent(s) started using tobacco products). If that day is the first of the month, the change to the surcharge begins on that day. Changes that result in removing a premium surcharge will begin the first day of the month following receipt of the attestation. If that day is the first of the month, the change to the surcharge begins on that day.

(continued)

Spouse or state-registered domestic partner coverage premium surcharge

Will the spouse or state-registered domestic partner coverage premium surcharge apply to me?

If you don't have a spouse or state-registered domestic partner enrolled on your PEBB medical plan, you don't need to complete this questionnaire—this surcharge doesn't apply to you. If you have a spouse or state-registered domestic partner enrolled or you will be enrolling them on your 2019 PEBB medical plan, you must:

1. Answer **YES** or **NO** to the following Questions 2-6.

AND

2. Check the corresponding box(es) on your 2019 enrollment/form or *2019 Premium Surcharge Change Form*.

Questions		YES	NO
1	Are you covering your spouse or state-registered domestic partner in a Public Employees Benefits Board (PEBB) medical plan under your account in 2019?	☒	☐
2	Will your spouse or state-registered domestic partner be eligible for medical coverage through their employer in 2019? (If your spouse or state-registered domestic partner will not be employed in 2019, answer NO.)	☐	☐
3	Will your spouse's or state-registered domestic partner's employer offer at least one medical plan that serves your spouse's or state-registered domestic partner's county of residence in 2019?	☐	☐
4	Has your spouse or state-registered domestic partner elected not to enroll in their employer's medical in 2019?	☐	☐
5	Will the coverage offered by your spouse's or state-registered domestic partner's employer in 2019 NOT be through the PEBB Program or TRICARE? - Answer YES if your spouse's or state-registered domestic partner's employer does not offer PEBB coverage or a TRICARE plan. - Answer NO if your spouse's or state-registered domestic partner's employer does offer PEBB coverage or a TRICARE plan.	☐	☐
6	Will your spouse's or state-registered domestic partner's share of the medical premium through their employer be less than \$111.16 per month in 2019?	☐	☐

► If you answered **NO** to **ANY** of these questions, check **NO** on your 2019 enrollment form or *2019 Premium Surcharge Change Form*, and show which question you answered No to. You will not have to pay the surcharge.

► If you answered **YES** to **ALL** of these questions, you must complete steps 1 and 2 below to find out whether you must pay the surcharge.

1. Your spouse or state-registered domestic partner should ask their employer for a *2019 Summary of Benefits and Coverage (SBC)* for **all** medical plans that:
 - Serve the county of residence for your spouse or state-registered domestic partner.
 - Have a monthly premium of less than \$111.16 per month for the employee.

2. Use the *2019 Summary of Benefits and Coverage (SBC)* information to answer the questions in the *2019 Spousal Plan Calculator* online tool at www.hca.wa.gov/erb.

Or, you can download a paper version of the *2019 Spousal Plan Calculator* from the website and submit it with your 2019 enrollment form or your *2019 Premium Surcharge Change Form*.

If you don't have access to the Internet, you may request a paper version of the *2019 Spousal Plan Calculator* from your employer (if an employee). All other subscribers may call the PEBB Program at 1-800-200-1004 to request a paper copy.

If using the online *2019 Spousal Plan Calculator*:

- Provide all the information requested by the form.
- Click the *Calculate* button.
- You will be provided with the YES or NO response to the question "Does the spouse or state-registered domestic partner coverage surcharge apply to you?" Enter this response on your 2019 enrollment form or *2019 Premium Surcharge Change Form*.

If using a paper version of the *2019 Spousal Plan Calculator*:

- Provide all the information requested by the form.
- Check "Employer or PEBB Program to determine" on the 2019 enrollment form or *2019 Premium Surcharge Change Form*.
- Include a copy of the *2019 Spousal Plan Calculator* (not this help sheet) when you submit your form.
- Your employer (for employees) or the PEBB Program (for all others subscribers) will determine whether your spouse's or state-registered domestic partner's employer-based group medical is comparable to UMP Classic, and if the premium surcharge will apply.