

## UMP Network Changes in Spokane County

In September 2019, the Health Care Authority and Uniform Medical Plan (UMP) announced that starting in 2020, the Puget Sound High Value Network (PSHVN) would no longer be offered in Spokane County, and the UW Medicine Accountable Care Network would be added. You are receiving this email because you are currently enrolled in the UMP Plus PSHVN plan. With this upcoming network change, you have two options to proceed:

1. Change plans online or submit an Employee Enrollment/Change form during Open Enrollment, November 1 – 30, with a new plan selection (see instructions below), or
2. Do nothing and automatically be switched to UMP Classic as of January 1, 2020.

The Puget Sound High Value and UW Medicine plans are both Accountable Care Plans, so if you would like to keep a plan with similar costs and coverage, UW Medicine would be that plan. Other plans available in Spokane County can be found at the HCA website under [Medical Plans Available by County](#). Visit [Compare Medical Plans](#) to review the benefit costs for services and monthly premiums among the plans. If you have questions about your coverage or what may change as a result of this, please [contact the plan providers](#) directly. You are also encouraged to check with your health care providers to see what

insurance plans they contract with, should you wish to retain your services with them.

Starting November 1, changes can be made online through the [HCA My Account portal](#) or by [paper form](#), which may be submitted the following ways. If you are adding a dependent, you will need to do so by paper form, and provide applicable dependent verification.

1. Submit to your campus' HRS office
2. Email to [hrs@wsu.edu](mailto:hrs@wsu.edu) with SSNs removed (please include your WSU ID instead)
3. Campus mail to Zip 1014
4. USPS mail to Pullman HRS, 139 French Administration, PO Box 641014, Pullman, WA 99164-1014
5. Fax to 509-335-1259

It is important to note that paper forms must be received at HRS Pullman by Wednesday, November 27, since the 28<sup>th</sup> and 29<sup>th</sup> are university holidays and the 30<sup>th</sup> is a Saturday. If you plan on mailing your forms, please complete your forms early and leave plenty of time for them to arrive.

Questions can be directed to HRS at (509) 335-4521 or [hrs@wsu.edu](mailto:hrs@wsu.edu).

Sincerely,

HRS Benefits

Pullman · Spokane · Tri-Cities · Vancouver · Everett · Global Campus · Extension

Human Resource Services - Washington State University

PO Box 641014, Pullman WA 99164-1014