Think oatmeal is just for cold weather? Think again! In-season fruit and coconut milk cool this meal down and keep you satisfied all morning.

**INGREDIENTS**
- Old-fashioned oats
- Fresh fruit of your choosing
- Coconut milk
- Brown Sugar

**OPTIONAL**
- Nuts or cocoa nibs for topping
- Other milk alternative

**PROCESS**
1. Cook your oats according to the instructions on the package.
2. Wash and chop your fruit into bite sized pieces if needed.
3. When oatmeal has finished cooking, top with your fruit pieces, coconut milk, and a small spoonful of brown sugar (to taste).