In June We Celebrate Juneteenth and Pride Month!

It’s June, and this month, we celebrate Juneteenth and Pride Month!

The June EAP Newsletter includes articles, research, and resources to help inform us about the mental health issues faced by LGBTQ+ and Black youth and offers strategies for supporting them.

Also in June and July, there are two sessions of LGBTQ+ Ally Training available for enrollment. The LGBTQ+ Ally Training is designed to introduce the participant to issues faced by lesbian, gay, bisexual, and transgender indi-

Planning to Retire?

Planning to retire soon? Pre-Retirement Seminars are hosted by HRS Benefits monthly! Visit the Benefits Retirement Information page to view retirement plan information, and view the Pre-Retirement Planning date.

National Safety Month

During National Safety Month, we encourage you to learn more about important safety issues.

WellCoug Recipes

Interested in healthier eating or need some inspiration for your next meal? Check out WellCoug Recipes to add to your cooking repertoire!

Nominate for Crimson Spirit!

Find more info on the HRS website.

Paydays

Friday, June 10
Friday, June 24

WORKDAY

Workday Today Coming Soon!

Beginning in a couple months, WSU will start using Workday Today, a collection of updates on how information is displayed and organized. This will affect

BENEFITS

continued on page 2

continued on page 3

continued on page 2

continued on page 3
Upcoming Learning Opportunities

Upcoming Learning Opportunities:

- WSU–Time and Leave Reporting Processes
- Mindfulness Based Anti-Racism for Advising
- Emotional Intelligence

Featured Learning Opportunities are updated on the Learning & Organizational Development home page.

Here you can access:

- New courses and learning programs
- Upcoming instructor led-sessions
- Employee Assistance Program resources including instructor-led sessions, and live and on-demand webinars

Register for a session today!

June is National Safety Month

Injuries are the leading cause of death for Americans ages 1 to 40. During National Safety Month, we encourage you to learn more about important safety issues like preventing poisonings, transportation safety, and heat safety precautions.

Poisonings: 9 out of 10 poisonings happen right at home. You can be poisoned by many things, like cleaning products or another person’s medicine. Visit poison.org.

Transportation Safety: Doing other activities while driving—like texting or eating—distracts you and increases your chance of crashing. Almost 1 in 6 crashes where someone is injured involve distracted driving. Visit nhtsa.gov for more information.

Juneteenth and Pride Month

Poisoning learning program page in Skillsoft. Find more information about the program on the Community and Equity Certificate Program for Faculty & Staff page.

Heat Safety Precautions: Heat is the leading weather-related killer resulting in hundreds of U.S. fatalities each year. Never leave a child, elderly adult, or pet alone in a car. Heat deaths in cars can—and do—happen in winter, because car interiors get much hotter than the outside air. Visit weather.gov/safety/heat for guidelines and resources.
Seminar Schedule. The next seminar will be held Friday, June 17, 9:00-10:30 a.m. Registration is not required, simply access the Zoom information on the Benefits Retirement Information page.

Check out WellCoug Recipes, developed by Maria Royall, HRS Benefits & Wellness Coordinator and WSU Dietician Alice Ma. Recipes for breakfast, lunch/dinner and desserts/snacks are available now, with new recipes being added soon!

Visit the WellCoug Recipes page to access these healthy and creative recipes!

Workday Today

Workday Today is designed by Workday, and the update is mandatory. We’ve delayed making this change as long as we could to allow more time for the WSU community to adapt to Workday.

You will notice several changes to how the home page looks and operates, including the applications menu and announcements. We’re currently exploring what will change, and how to make the switch as easy as possible. We’re working on a webpage that will show the difference between how things look now and how they’ll look with Workday Today. We’ll keep you updated as we learn more about what’s changing.

If you have questions or concerns about Workday Today, reach out at the Workday Service Desk.