

# The Standard®

Standard Insurance Company Employee Benefits Department 800.368.1135 Tel 971.321.8400 Fax PO Box 2800 Portland OR 97208

# Long Term Disability Benefits Claim Packet Instructions

# Your Disability Benefit Claim

This packet contains the forms necessary to apply for Long Term Disability benefits. Every space on these forms should be filled in to avoid delay in processing your application. If a section does not apply, or information is not available, write "NA" in the space so that we know you did not overlook that particular question. If a form is received incomplete, it may be returned for completion.

# **How To Apply For Benefits**

The Long Term Disability Benefits application includes claim forms and an Authorization.

## 1. The Employee's Statement

- Answer every question completely. Be sure to use the appropriate section for injury, sickness or pregnancy. If a question does not apply to you write "NA".
- Use an additional page, if necessary, to give full and complete answers.
- Attach copies of any Social Security, Public Employees Retirement System, Workers' Compensation or other
  benefit determinations you have received. If you have applied for any other benefits but have not yet received
  them, please send a copy of the application receipt. This information is needed to accurately calculate your
  monthly benefits. If you are unable to make copies of these documents please send the originals. We will
  photocopy and return them to you promptly.
- Remember to sign and date your statement. An unsigned or undated statement will be returned to you.

# 2. The Authorization to Obtain and Release Information The Authorization to Obtain and Release Psychotherapy Notes

• Please sign and date the Authorization to Obtain and Release Information and attach it to the Employee's Statement. Your signature lets Standard Insurance Company get the information about you that we need to determine your eligibility for benefits. The Authorization to Obtain and Release Information also lets The Standard release this information to specific persons.

If you have seen or been treated by a Psychiatrist, Psychotherapist, Psychologist, Clinical Social Worker (MSW, MCSW, etc.), or any other provider of treatment for a mental condition, please sign and return the Authorization to Obtain and Release Information *and* the Authorization to Obtain and Release Psychotherapy Notes.

You will receive copies of these Authorizations upon your request.

### 3. The Attending Physician's Statement

- **Part A** should be completed by you.
- Part B should be completed by your physician. If you have seen more than one physician for your disability, a statement should be completed by each physician. You may request additional forms from your employer. Your physician(s) should mail the completed form directly to The Standard.

# 4. The Employer's Statement

This form should be completed by your employer, who will mail it to The Standard.

You are responsible for making sure all required forms are completed and returned to our office. If you have any questions, please contact your benefit administrator or call our customer service line at 800.368.1135.

Employee Benefits Department  $\,\,800.368.1135\,\,\mathrm{Tel}\,\,$  971.321.8400 Fax PO Box 2800  $\,$  Portland OR 97208

# Long Term Disability Insurance Employee's Statement

Please type or print. Form may be returned for unanswered questions.

# 1. Claimant \_\_\_\_\_ Social Security No. \_\_\_ Full Name \_\_\_\_\_ City \_\_\_\_ \_\_\_\_\_ State \_\_\_\_ ZIP \_\_\_\_ Phone No. (\_\_\_\_)\_\_\_\_\_Email\_\_\_\_ \_\_\_\_\_ Gender \_\_\_\_ \_\_\_\_\_ Height \_\_\_\_ Weight \_\_\_ Birthdate \_\_\_\_ Birthdate of Youngest \_\_\_ No. of Dependent Children \_ Preferred language \_ Did you receive a Certificate of Insurance? ☐ Yes ☐ No ☐ Did you receive a Brochure? ☐ Yes ☐ No If you did not receive a Certificate of Insurance or Brochure, please contact your employer to obtain a copy. 2. Employment Group Policy No. \_\_\_\_ Name of Employer \_\_ \_\_\_\_\_ City \_\_\_\_\_ \_\_\_\_\_ State \_\_\_\_ ZIP \_\_\_\_ Phone No. ( \_\_\_\_\_ \_\_\_) \_\_\_ State your job title and describe your duties at work. Is your disability work-related? $\square$ Yes $\square$ No Date of Injury \_\_\_\_ Have you filed a Workers' Compensation claim? ☐ Yes ☐ No If yes, W.C. claim number \_\_\_ Last full day at work \_ Date you became unable to work at your occupation as a result of disability \_\_\_\_ Are you now working at, or have you worked at, your occupation or any other occupation since the date of your injury? $\square$ Yes $\square$ No If yes, list names of employers, addresses, telephone numbers, and dates of employment. Are you self-employed at any activity? $\square$ Yes $\square$ No \_\_\_\_\_ Work Phone ( \_\_\_\_\_\_) \_\_\_\_\_ Extension \_\_\_ Date you resumed part-time work \_\_\_ \_\_\_\_\_\_ Work Phone ( \_\_\_\_\_\_) \_\_\_\_\_ Extension \_\_\_ Date you resumed full-time work \_\_\_\_\_ 3. Sickness Please list all illnesses which contribute to your being unable to work at your occupation. Illness \_ Date First Noticed State what you believe caused your illness. Describe your symptoms Have you ever had the same condition or a related illness before? $\square$ Yes $\square$ No

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Long Term Disability Insurance Employee's Statement

| Claimant's Name            |                        |  |                                |                                      |
|----------------------------|------------------------|--|--------------------------------|--------------------------------------|
| 4. Injury                  |                        |  |                                |                                      |
| Describe Injuries          |                        |  |                                |                                      |
| Cause of Injuries          |                        |  |                                |                                      |
| Time, Date and Location    | n of Injuries.         |  |                                |                                      |
|                            |                        |  |                                |                                      |
| 5. Pregnancy               |                        |  |                                |                                      |
| Date you expect to ceas    |                        | Expected delivery date _                 |                                | Actual delivery date                 |
| Type of delivery           |                        |  | Expected return to work date _ |                                      |
| Please indicate any fore   | eseeable complicat     | ions.                                    |                                |                                      |
|                            |                        |  |                                |                                      |
| 6. Attending Ph            | nysician <i>Lisi</i>   | t all physicians consulted for this inju | ry or illness. Use separate    | sheet, if needed.                    |
| Physician's Name           |                        | Specialty                                |                                | Phone No. ()                         |
| Street Address             |                        |  |                                | Fax No. ()                           |
| City                       |                        |  |                                | State ZIP                            |
| Date first consulted for t | this injury or illness | 3  | Date last consulted            |                                      |
| Physician's Name           |                        | Specialty                                |                                | Phone No. ()                         |
| Street Address             |                        |  |                                | Fax No. ()                           |
| City                       |                        |  |                                | State ZIP                            |
| Date first consulted for t | this injury or illness | ·  | Date last consulted            |                                      |
| Physician's Name           |                        | Specialty                                |                                | Phone No. ()                         |
| Street Address             |                        |  |                                | Fax No. ()                           |
| City                       |                        |  |                                | State ZIP                            |
| Date first consulted for t | this injury or illness | 3  | _ Date last consulted          |                                      |
| 7. Hospital If yo          | ou were hospit         | alized for this condition, please comp   | lete. Please attach copy of    | hospital bill if available.          |
|                            |                        | Address                                  |                                |                                      |
| From                       | Through                | Reason for Hospitalization               |                                |                                      |
| From                       | Through                | Reason for Hospitalization               |                                |                                      |
| 8. History List a          | ll illnesses or i      | njuries for which you have received to   | reatment over the past five    | years. Use separate sheet if needed. |
| Ailment                    | Date                   | Physician's Name                         | Co                             | implete Address                      |
|                            |                        |  |                                |                                      |
|                            |                        |  |                                |                                      |
|                            |                        |  |                                |                                      |
|                            |                        |  |                                |                                      |
|                            |                        |  |                                |                                      |
|                            |                        |  |                                |                                      |

Have you applied for or are you receiving

Employee Benefits Department  $\,800.368.1135\,\,\mathrm{Tel}\,$   $\,971.321.8400\,\,\mathrm{Fax}$  PO Box 2800  $\,$  Portland OR 97208

Long Term Disability Insurance Employee's Statement

Effective

Date

**Amount Received** 

Monthly

Weekly

Date

Claimant's Name

benefits from:

a. Social Security

Signature

b. Workers' Compensation

#### 9. Deductible Income/Benefits From Other Sources

Your Group Disability plan is designed so that the income you receive from Standard Insurance Company and other sources (e.g., Social Security, Workers' Compensation, retirement system, and other income or benefits as described in your Group Policy as deductible income or benefits) combined will provide you with a percentage of predisability earnings, as defined in your Group Policy. Please review your Group Policy to determine how receipt of or eligibility for deductible income or benefits may impact your disability benefits. Please review your obligation to keep Standard Insurance Company informed of your application for and receipt of deductible income or benefits. Additionally, your Group Policy may allow Standard Insurance Company to reduce your disability benefit by estimated deductible income or benefits you are eligible to receive even if you have not applied for them. If your Group Policy states that Social Security benefits will be "deemed payable" even if not received, we will deduct from your disability benefit an estimated Social Security benefit for you and your dependents, based on your Social Security wage record. Please also understand that when deductible income or benefits are awarded you may receive a retroactive award (earlier date) and payment. This retroactive payment may result in an overpayment of your disability benefits because you would receive deductible income or benefits for a period during which you already have received disability benefits from Standard Insurance Company.

Receiving

Yes No

 **Date Applied** 

For

**Applied** 

| c. State Disability Insurance  |         |             |                  |           |       |  |             |  |             |
|--|---------|-------------|------------------|-----------|-------|--|-------------|--|-------------|
| d. Retirement or Pension (Employer, PERS, STRS, PERA, etc.)  **Please specify      |         |             |                  |           |       |  |             |  |             |
| e. Other(e.g., unemployment or union benefits,                                     | etc.)   |             |                  |           |       |  |             |  |             |
| Please send copies of any letters or notices                                       | approvi | ng or der   | nying benefits.  |           |       |  |             |  |             |
| 10. Vocational Complete the  | follou  | ving ar     | ıd/or attach a   | resume    |       |  |             |  |             |
| Education level  | Yes     | No          | If no, last grad | le attend | ed.   |  |             |  |             |
| Grade School Graduate  |         |             |                  |           |       |  |             |  |             |
| High School Graduate   |         |             |                  |           |       |  |             |  |             |
| GED  |         |             |                  |           |       |  |             |  |             |
| College Graduate   |         |             | Degree           |           | Majo  |  |             |  |             |
| Post Graduate  |         |             | Degree           |           | Major |  |             |  |             |
| Have you attended any trade schools or in the work Experience: Complete the follow |         |             |                  |           |       |  | e.          |  |             |
| Job Title & Employer   |         |             | Dates of Employr |           |       |  | ities       |  | Last Salary |
| 1.   |         | From        |                  |           |       |  | <del></del> |  |             |
|  |         | To:         |                  |           |       |  |             |  |             |
| 2.   |         | From<br>To: | :                |           |       |  |             |  |             |
| 3. From: To:   |         |             | :                |           |       |  |             |  |             |
| 4.   |         | From<br>To: | :                |           |       |  |             |  |             |
| 5. From:   |         |             | :                |           |       |  |             |  |             |
|  |         | To:         |                  |           |       |  |             |  |             |

I hereby certify that the answers I have made to the foregoing questions are both complete and true to the best of my knowledge

and belief. I acknowledge that I have read the applicable fraud notice on page 5 of this form.

Some states require us to provide the following information to you:

#### ALABAMA, MARYLAND AND RHODE ISLAND RESIDENTS

Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

#### **CALIFORNIA AND TEXAS RESIDENTS**

For your protection, California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

#### **COLORADO RESIDENTS**

It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to the policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

#### **DISTRICT OF COLUMBIA RESIDENTS**

WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

#### **FLORIDA RESIDENTS**

Any person who knowingly and with intent to injure, defraud or deceive an insurance company, files a statement of claim or an application containing false, incomplete or misleading information is guilty of a felony of the third degree.

#### **NEW HAMPSHIRE RESIDENTS**

Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

#### **NEW JERSEY RESIDENTS**

Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

#### **NEW MEXICO RESIDENTS**

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

## **NEW YORK RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim, containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

#### **PENNSYLVANIA RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

## **ALL OTHER RESIDENTS**

Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.

## **Authorization to Obtain and Release Information**

| Employer/Policyholder Name | Group Policy Number |
|----------------------------|---------------------|

#### I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Kaiser Permanente.
- Any insurance company or annuity company.
- Any employer, policyholder or plan sponsor.
- Any organization or entity administering a benefit or leave program (including statutory benefits) or an annuity program.
- Any educational, vocational or rehabilitation counselor, organization or program.
- Any consumer reporting agency, financial institution, accountant, or tax preparer.
- Any government agency (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, Workers' Compensation Board, etc.).

#### TO GIVE THIS INFORMATION:

- Charts, notes, x-rays, operative reports, lab and medication records and all other medical information about me, including medical history, diagnosis, testing and test results. Prognosis and treatment of any physical or mental condition, including:
  - Any disorder of the immune system, including HIV, Acquired Immune Deficiency Syndrome (AIDS) or other related syndromes or complexes.
  - Ány communicable disease or disorder.
  - Any psychiatric or psychological condition, including test results, but excluding psychotherapy notes. Psychotherapy notes
    do not include a summary of diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.
  - Any condition, treatment, or therapy related to substance abuse, including alcohol and drugs.

#### and:

• Any non-medical information requested about me, including such things as education, employment history, earnings or finances, return to work accommodation discussions or evaluations, and eligibility for other benefits or leave periods including, but not limited to, claims status, benefit amount, payments, settlement terms, effective and termination dates, plan or program contributions, etc.

# TO STANDARD INSURANCE COMPANY, THE STANDARD LIFE INSURANCE COMPANY OF NEW YORK, THE STANDARD BENEFIT ADMINISTRATORS AND THEIR AUTHORIZED REPRESENTATIVES (referred to as "The Companies", individually and collectively), AND MY EMPLOYER'S ABSENCE MANAGEMENT PROGRAM ADMINISTRATOR ("Absence Manager").

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction.
- I understand that each of The Companies and Absence Manager will gather my information only if they are administering or deciding my disability or leave of absence claim(s), and will use the information to determine my eligibility or entitlement for benefits or leave of absence.
- I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Companies and Absence Manager, except to the extent the authorization has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Companies and Absence Manager's ability to evaluate or process my claim(s), and may be a basis for denying or closing my claim(s) for benefits or leave of absence.
- I understand that in the course of conducting its business The Companies and Absence Manager may disclose to other parties information about me. They may release information to a reinsurer, a plan administrator, plan sponsor, or any person performing business or legal services for them in connection with my claim(s). I understand that The Companies and Absence Manager will release information to my employer necessary for absence management, for return to work and accommodation discussions, and when performing administration of my employer's self-funded (and not insured) disability plans.
- I understand that The Companies and Absence Manager comply with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to them pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. Information retained and disclosed by The Companies and Absence Manager may not be protected under the Health Insurance Portability and Accountability Act [HIPAA].
- I understand and agree that this authorization as used to gather information shall remain in force from the date signed below:
  - For Standard Insurance Company, the duration of my claim(s) or 24 months, whichever occurs first.
- For The Standard Life Insurance Company of New York, the duration of my claim(s) or 24 months, whichever occurs first.
- For The Standard Benefit Administrators, the duration of my claim(s) administered by The Standard Benefit Administrators or 24 months, whichever occurs first.
- For Absence Manager, 24 months.
- I understand and agree that The Companies and Absence Manager may share information with each other regarding my disability and leave of absence claim(s). This authorization to share information shall remain valid for 12 months from the date signed below.
- I acknowledge that I have read this authorization and the New Mexico notice on page 7. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

| Name (please print)                  | Claim Number |  |  |  |  |  |
|--------------------------------------|--------------|--|--|--|--|--|
| Signature of Claimant/Representative | Date         |  |  |  |  |  |
|                                      |              |  |  |  |  |  |

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

## Authorization to Obtain and Release Information

| Employer/Policyholder Name | Group Policy Number |
|----------------------------|---------------------|

Standard Insurance Company is a licensed insurance company in all states except New York. The Standard Life Insurance Company of New York is an insurance company licensed only in New York. An absence manager may be hired by your employer and may be one of The Companies.

#### FOR RESIDENTS OF NEW MEXICO

The state of New Mexico requires Standard Insurance Company to provide you with the following information pursuant to its Domestic Abuse Insurance Protection Act.

The Authorization form allows Standard Insurance Company to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by Standard Insurance Company, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

Standard Insurance Company is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by Standard Insurance Company. Within 30 business days of receiving the request, Standard Insurance Company will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. Standard Insurance Company will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified Standard Insurance Company that you are or have been a victim of domestic abuse) and participate in Standard Insurance Company's location information confidentiality program, your request should be sent to Standard Insurance Company.

## Authorization to Obtain and Release Psychotherapy Notes

| Employer/Policyholder Name | Grou | p Polic | y Number |  |
|----------------------------|------|---------|----------|--|

I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Kaiser Permanente.
- Any insurance company.
- Any organization or entity administering a benefit or leave program (including statutory benefits)
- Any government agency (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, Workers' Compensation Board, etc.).

#### TO GIVE THIS INFORMATION:

• Notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation(s) during a private counseling session or a group, joint, or family counseling session and that are separated from the rest of my medical record.

TO STANDARD INSURANCE COMPANY, THE STANDARD LIFE INSURANCE COMPANY OF NEW YORK, THE STANDARD BENEFIT ADMINISTRATORS AND THEIR AUTHORIZED REPRESENTATIVES (referred to as "The Companies", individually and collectively), AND MY EMPLOYER'S ABSENCE MANAGEMENT PROGRAM ADMINISTRATOR ("Absence Manager").

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction.
- I understand that each of The Companies and Absence Manager will gather my information only if they are administering or deciding my disability or leave of absence claim(s), and will use the information to determine my eligibility or entitlement for benefits or leave of absence.
- I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Companies and Absence Manager, except to the extent the authorization has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Companies and Absence Manager's ability to evaluate or process my claim(s), and may be a basis for denying or closing my claim(s) for benefits or leave of absence.
- I understand that in the course of conducting its business The Companies and Absence Manager may disclose to other parties information about me. They may release information to a reinsurer, a plan administrator, plan sponsor, or any person performing business or legal services for them in connection with my claim(s). I understand that The Companies and Absence Manager will release information to my employer necessary for absence management, for return to work and accommodation discussions, and when performing administration of my employer's self-funded (and not insured) disability plans.
- I understand that The Companies and Absence Manager comply with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to them pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. Information retained and disclosed by The Companies and Absence Manager may not be protected under the Health Insurance Portability and Accountability Act [HIPAA].
- I understand and agree that this authorization as used to gather information shall remain in force from the date signed below:
  - For Standard Insurance Company, the duration of my claim(s) or 24 months, whichever occurs first.
  - For The Standard Life Insurance Company of New York, the duration of my claim(s) or 24 months, whichever occurs first.
  - For The Standard Benefit Administrators, the duration of my claim(s) administered by The Standard Benefit Administrators or 24 months, whichever occurs first.
  - For Absence Manager, 24 months.
- I understand and agree that The Companies and Absence Manager may share information with each other regarding my disability and leave of absence claim(s). This authorization to share information shall remain valid for 12 months from the date signed below.
- I acknowledge that I have read this authorization and the New Mexico notice on page 9. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

| Name (please print)  | Social Security No                 |
|--|------------------------------------|
|  | Claim Number                       |
| Signature of Claimant/Representative   | Date                               |
| If signature is provided by level representative (a.g. Attempty in Fact mandian on | announce to all and a sum antation |

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

## Authorization to Obtain and Release Psychotherapy Notes

| Employer/Policyholder Name | Group | Policy Number |  |
|----------------------------|-------|---------------|--|
|                            |       |               |  |

Standard Insurance Company is a licensed insurance company in all states except New York. The Standard Life Insurance Company of New York is an insurance company licensed only in New York. An absence manager may be hired by your employer and may be one of The Companies.

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The state of New Mexico requires Standard Insurance Company to provide you with the following information pursuant to its Domestic Abuse Insurance Protection Act.

The Authorization form allows Standard Insurance Company to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by Standard Insurance Company, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

Standard Insurance Company is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by Standard Insurance Company. Within 30 business days of receiving the request, Standard Insurance Company will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. Standard Insurance Company will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified Standard Insurance Company that you are or have been a victim of domestic abuse) and participate in Standard Insurance Company's location information confidentiality program, your request should be sent to Standard Insurance Company.

Employee Benefits Department  $\,\,800.368.1135$  Tel  $\,\,971.321.8400$  Fax PO Box 2800  $\,$  Portland OR 97208

# Long Term Disability Insurance Attending Physician's Statement

Part A. To Be Completed By Patient

| 1 ,   |                                      |   |                                  |                           |
|---|--------------------------------------|---|----------------------------------|---------------------------|
| Full Name   |                                      | Social Security No.                                 |                                  |                           |
| Other Names Used  |                                      |   |                                  |                           |
| Address   | City                                 |   | State                            | _ ZIP                     |
| Phone No. ()  | Birthdate                            |   | Patient No                       |                           |
| Occupation Emplo  | yer                                  |   | Group Policy N                   | lo                        |
| I returned to work: Date  |                                      | I expect to return to work: Da                      | ite                              |                           |
| Part B. To Be Completed By Physician The purpose of this form is to help us determine whether the eimpairment. Please include laboratory data and results of surgical reports, hospital admitting history, physician discharge the patient is responsible for the completion of this form with 1. Information | special tests (X-<br>urge summaries, | rays, CAT scan, EKG, etc. chart notes, and narratiz | c.). Please attac<br>ve reports. | h copies of any pertinent |
| Primary Diagnosis: ICD Code ()  |                                      |   |                                  |                           |
| Secondary Diagnosis: ICD Code ()  |                                      |   |                                  |                           |
| Other diagnoses and ICD Codes related to this claim.  |                                      |   |                                  |                           |
| Symptoms  |                                      |   |                                  |                           |
| Patient's Height Weight B Is condition primarily related to:  | SPRight A                            | m BP Le   | ft Arm                           | PulseRadial               |
| a. Patient's Employment   |                                      | Hand □ Left □ Right  Delivery Date                  |                                  |                           |
| Para Gravida  | _ Actual Del                         | ivery Date  |                                  |                           |
| Complications   | _ Uaginal                            | ☐ Caesarean Section                                 |                                  |                           |
| 2. History  |                                      |   |                                  |                           |
| If patient was referred to you, indicate by whom  |                                      |   |                                  |                           |
| If yes, please explain  |                                      |   |                                  |                           |
| Date patient first consulted you for <b>this</b> condition  |                                      | For any condition                                   |                                  |                           |
| Dates of subsequent treatment   |                                      |   |                                  |                           |
| Date of most recent visit   |                                      |   |                                  |                           |
| Was the patient hospitalized? ☐ Yes ☐ No If yes, ☐ Inpatient  | ·                                    | Date Admitted                                       |                                  |                           |
| Admitting Diagnosis   |                                      | Discharge Diagnosis                                 |                                  |                           |
| Name of Hospital  |                                      |   |                                  |                           |
| Address   | City                                 |   | State                            | ZIP                       |

Employee Benefits Department  $\,\,800.368.1135$  Tel  $\,\,971.321.8400$  Fax PO Box 2800  $\,$  Portland OR 97208

# Long Term Disability Insurance Attending Physician's Statement

| Claimant's Name  |  |                                  |
|--|--|----------------------------------|
| 3. Assessment  |  |                                  |
| Date you recommended patient should stop working   | Why?   |                                  |
| Describe the patient's physical, mental and cognitive limitations and  | work activity limitations                              |                                  |
|  | TOTAL COUNTY III. III. III. III. III. III. III. II     |                                  |
| How long from today's date will the described limitations impair the   | patient?   |                                  |
| Is the patient competent to manage insurance benefits? $\square$ Yes $\square$ If no, is the patient competent to appoint someone to help manage to  |  |                                  |
| 4. Treatment   |  |                                  |
| Planned course of treatment. Please include expected duration, s   | surgeries, therapy, etc                                |                                  |
|  |  |                                  |
| Medications prescribed: dosage, frequency and date of prescription   | (s)  |                                  |
| List other treating or referring physicians. <i>Continue on separate p</i>   | age, if necessary.                                     |                                  |
| Name   |  | Address                          |
| 1.   |  |                                  |
| Phone No. ( )  | City   | State ZIP                        |
| 2.   |  |                                  |
| Phone No. ( )  | City   | State ZIP                        |
| What reasonable work or job site modifications could the employer  | make to assist the individual to return to work? Pleas | e specify.                       |
|  |  |                                  |
| Assessment and treatment are complicated by:   |  |                                  |
| ☐ Malingering  |  |                                  |
| ☐ Significant emotional or behavioral disorder such as: ☐ Depre  | •  |                                  |
| Exaggeration, inconsistent findings, subjective complaints out of  |  | y observations.                  |
| Dependence on drugs/medication. <i>Please specify</i> .  |  |                                  |
| Other Please describe.   |  |                                  |
| 5. Prognosis   |  |                                  |
| Describe patient's condition since onset of symptoms: $\square$ Recovered When do you expect a fundamental or marked change in patient's conditions. |  | ss Condition expected to improve |
| State anticipated date or, Unable  | to determine, follow up in months                      |                                  |
| When do you anticipate the patient can return to work? State antic   | cipated date or, Ur                                    |                                  |
| Remarks  |  | ·                                |
| 6. Acknowledgement   |  |                                  |
| I hereby certify that the answers I have made to the and belief. I acknowledge that I have read the ap   |  |                                  |
| Physician's Signature  |  | Date                             |
| Physician's Name (Please Print)  |  | Specialty                        |
| Address  | City   | State ZIP                        |
| Physician's Taxpayer ID No.  | Phone No. ()   | Fax No. ()                       |

Some states require us to provide the following information to you:

#### ALABAMA, MARYLAND AND RHODE ISLAND RESIDENTS

Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

#### **CALIFORNIA AND TEXAS RESIDENTS**

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#### **COLORADO RESIDENTS**

It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to the policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

#### **DISTRICT OF COLUMBIA RESIDENTS**

WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

#### **FLORIDA RESIDENTS**

Any person who knowingly and with intent to injure, defraud or deceive an insurance company, files a statement of claim or an application containing false, incomplete or misleading information is guilty of a felony of the third degree.

#### **NEW HAMPSHIRE RESIDENTS**

Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

#### **NEW JERSEY RESIDENTS**

Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

#### **NEW MEXICO RESIDENTS**

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

## **NEW YORK RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim, containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

## PENNSYLVANIA RESIDENTS

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

## **ALL OTHER RESIDENTS**

Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.

Employee Benefits Department  $\,\,800.368.1135\,\,\mathrm{Tel}\,\,$  971.321.8400 Fax PO Box 2800  $\,$  Portland OR 97208

# Long Term Disability Insurance Employer's Statement

1. Employee Name of Employee \_\_\_\_\_ \_\_\_\_\_ State \_\_\_\_ ZIP \_\_ Address \_\_\_ \_\_\_\_\_ City \_\_\_\_\_ Class: 

Faculty/Teacher 

Technical/Professional 

Administration Job Title ☐ Maintenance ☐ Secretarial/Clerical Job Classification \_\_\_\_\_ Phone No. ( \_\_\_\_\_\_) \_\_\_\_\_\_ Date Employed \_\_\_\_\_\_ Social Security No. \_\_\_ 2. Information Date employee's LTD coverage became effective: 

Basic \_\_\_\_\_ Buy-up \_\_\_\_\_ State \_\_\_ Work Location: Address Was employee given a Certificate?  $\square$  Yes  $\square$  No  $\square$  Don't Know Was employee insured under previous LTD carrier? ☐ Yes ☐ No ☐ Effective Date \_\_\_\_\_ Employee's Medical Insurance carrier Phone No. ( \_\_\_\_\_) \_ Effective date for medical insurance \_\_\_\_\_ Employee's status on date disability commenced: Actively at Work? Yes No If no, reason \_\_\_\_\_ \_\_ Number of hours worked per week \_\_\_ Last day of work before disability commenced \_\_\_\_ Number of hours worked this day \_\_\_\_\_\_ Date employee returned to work after disability ended \_\_\_\_ Have you considered allowing the claimant to work in another occupation, or modify or alter the job duties of the claimant's occupation, how the job is done (i.e., work schedule), or worksite?  $\square$  Yes  $\square$  No  $\square$  If yes, what alternatives were offered to the claimant? Does the employee participate in your formal retirement plan? ☐ Yes ☐ No ☐ Is the plan a qualified plan? ☐ Yes ☐ No Is the employee eligible but not participating in your formal retirement plan?  $\square$  Yes  $\square$  No Is the formal retirement plan carrier TIAA-CREF or another carrier? Please provide name, phone number and address of contact person. \_\_\_ What is the employee's year-to-date retirement plan contribution? \$ Are the employee's contributions vested?  $\square$  Yes  $\square$  No Is disability caused or contributed to by employment?  $\square$  Yes  $\square$  No  $\square$  Undetermined Has employee filed a Workers' Compensation claim? ☐ Yes ☐ No ☐ Don't Know Workers' Compensation Carrier Name \_\_\_\_\_ Claim No. \_\_\_\_\_ \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ ZIP \_\_\_\_ Phone No. ( \_\_\_\_\_ ) \_\_\_\_\_ Person to contact \_\_\_ Is employment now terminated? ☐ Yes ☐ No Is employment scheduled for termination?  $\square$  Yes  $\square$  No 3. Salary at Time of Disability Please check only one box. Monthly Rate \$ ☐ Basic Weekly Earnings ☐ Basic Monthly Earnings Weekly Rate \$\_\_\_\_ \_\_\_\_\_ Basic Hourly Earnings ☐ Basic Yearly Earnings Annual Rate \$\_\_\_\_ Hourly Rate \$\_\_\_\_ Contract Amount \$\_\_\_\_\_ Length of Contract ☐ Basic Contract Earnings ☐ Commissions Please attach list of commissions paid for the period specified in your Group Policy. ☐ Shift Differential ☐ Bonuses Date of last increase \_\_\_\_\_\_ per\_\_\_\_\_\_ per\_\_\_\_\_ 4. Compensation for Period After Disability Last date through which paid or payable Amount / Rate Sick Pay/Salary Continuation Self-insured Short Term Disability Wages/salary, earned after disability Commissions, earned after disability

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Long Term Disability Insurance Employer's Statement

| 5. Deductible Income/Benefits From   | m O                     | ther            | Sou               | rces         | 5                   |  |                                  |                 |                     |
|--|-------------------------|-----------------|-------------------|--------------|---------------------|--|----------------------------------|-----------------|---------------------|
| Is employee covered by or now receiving benefits   | Cov                     | ered            | R                 | Receiving    |                     |  |                                  |                 | T                   |
| from the following?  | Yes                     | No              | Yes               | No           | Don't<br>Know       | Date of<br>Application   | Am<br>Weekly                     | ount<br>Monthly | Effective<br>Date   |
| a. Social Security   |                         |                 |                   |              |                     |  | <u> </u>                         | <u> </u>        |                     |
| b. Workers' Compensation   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| c. State Disability Insurance  |                         |                 |                   |              |                     |  |                                  | +               |                     |
| •  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| d. Retirement or Pension (Employer, PERS, STRS, PERA, etc.)  **Please specify  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| e. Other   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| (e.g., unemployment or union benefits)   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| 6. Life Insurance  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Was employee covered by Group Life Insurance with The S  | Standar                 | d on ce         | ease wo           | rk dat       | e? □\               | ∕es □ No   |                                  |                 |                     |
| If yes, list policy number(s)  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Date life insurance became effective   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Please attach original enrollment card.  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Amount of Basic Life insurance \$ Additional   | al/Optio                | nal \$ _        |                   |              | Supple              | mental \$  | AD&D \$                          |                 |                     |
| Dependent's Coverage? ☐ Yes ☐ No If yes, ☐   | -                       |                 |                   |              |                     |  |                                  |                 |                     |
| IMPORTANT: Please continue payment of premiums   | until o                 | therw           | ise notij         | fied.        |                     |  |                                  |                 |                     |
| 7. Tax Information   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Employer's Federal Tax I.D. Number   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Check one: We are a private-sector employer  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| ☐ We are a public-sector (government entity)   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Railroad Tier 1 taxes?   | ′es □<br>′es □<br>′es □ | No              |                   | Ti           |                     | axes?<br>care taxes?<br>lent Compensation taxes                              | ☐ Yes ☐<br>☐ Yes ☐<br>s? ☐ Yes ☐ | No              |                     |
| If subject to Social Security taxes what are the employee's  | year to                 | date S          | ocial Se          | curity       | wages?.             |  |                                  |                 |                     |
| Does this employee pay all or a portion of the premium for   | LTD ins                 | surance         | e covera          | ae?          | ☐ Yes               | □ No   |                                  |                 |                     |
| *If yes, what percentage of the LTD premium does the emp   |                         |                 |                   | _            |                     |  |                                  |                 |                     |
| *the empl  |                         |                 |                   |              | n "pre-tax'         | ' funds.   |                                  |                 |                     |
|  |                         |                 |                   |              |                     | at have been taxed.  |                                  |                 |                     |
| * If yes, are employer paid premiums included in the emplo * If yes, are taxes withheld from employer paid premiums? | yee's sa                | •               | ☐ Ye              |              |                     |  |                                  |                 |                     |
| *IMPORTANT: Remember to calculate annually the pr  | emiun                   | ı contr         | ibution           | perce        | ntage in            | formation according to   | the IRS 3 year                   | averaging rule  | for group coverage. |
| 8. Attachments   |                         |                 |                   |              |                     |  |                                  |                 | ,                   |
| Please attach copies of the following:   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| a. Job Description c. b. Employment Application or Resume d.   | Inco                    | me Fro          | om Othe           | r Sou        | rces (Dec           | ong Term Disability Insu<br>luctible Benefits) Docum<br>nsation, PERS, etc.) |                                  |                 |                     |
| 9. Employer Representative Comple  | eting                   | Th.             | is Fo             | rm           |                     |  |                                  |                 |                     |
| Employer   |                         |                 |                   |              |                     | Phone No   | Pol                              | icy Number      |                     |
| Address  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Email  |                         |                 |                   | -            |                     |  |                                  |                 |                     |
|  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Acknowledgement I hereby certify that the answers I have made and belief. I acknowledge that I have read             | e to th                 | ne for<br>pplic | regoin<br>able fi | g qu<br>raud | estions<br>l notice | s are both comple<br>e on page 15 of th                                      | te and true t<br>is form.        | o the best of   | my knowledge        |
| Signature  |                         |                 |                   |              |                     |  | Da                               | .te             |                     |
| Prepared by  |                         |                 |                   |              |                     |  |                                  |                 |                     |
| Phone No. ()   |                         |                 |                   |              |                     |  |                                  |                 |                     |
| [ 1 HOHO 140. (  |                         |                 |                   |              |                     |  | /                                |                 |                     |

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