From:

Sent: Wednesday, October 25, 2023 2:57 PM

To:

Subject: FW: Kaiser Permanente OE reminders + 2024 plan changes for PEBB

From:

Sent: Thursday, October 19, 2023 1:12 PM

To:

Subject: Kaiser Permanente OE reminders + 2024 plan changes for PEBB

[EXTERNAL EMAIL]

Good afternoon,

I hope this fall season unfolding smoothly for you and your teams at Washington State University. Open Enrollment is just around the corner, and I want to be sure you are informed and prepared to help your staff navigate their decisions about their Kaiser Permanente health benefits.

We encourage PEBB members and benefit administrators to refer to the <u>PEBB Virtual Benefits Fair</u> on the WA Health Care Authority website, which offers helpful resources. We would like to take a moment and build on the 'For Your Benefit' newsletters that the WA HCA sent out recently as the following versions:

- For Your Benefit state agency and higher education employees
- For Your Benefit employer groups
- For Your Benefit continuation coverage

Kaiser Permanente's 2024 Public Employees Benefits Board health plans represent our efforts to continue to deliver high-quality health care and reflect the expected costs of providing coverage for our members. While our rates are higher this year, we believe consumers will find us to be a competitive and comprehensive choice for health coverage for 2024. Kaiser Permanente provides a range of plans and benefit structures. Members wishing to stay with Kaiser Foundation Health Plan coverage and care may consider moving to a lower-premium plan with a different deductible.

For your convenience, below is a list of **Kaiser Permanente-specific** information. I have provided a few links, resources, and reminders about Open Enrollment for Kaiser Permanente members. Please note the changes to the PEBB 2024 plans listed below, and please direct members with personal or plan-specific questions to our Members Services team at 1-866-648-1928 (TTY 711). This number can also be found on the back of the member ID card.

RESOURCES

- KP WA PEBB Open Enrollment Webinar flyer
- HCA PEBB Virtual Benefits Fair Kaiser Permanente of Washington
- KP PEBB microsite
- KP PEBB Service Area Map
- Travel Flyer Core and SoundChoice
- Enrollment Guide
- Classic and CDHP Prescription Drug Benefit 3-Tier Formulary Information
- SoundChoice and Value Prescription Drug Benefit 5-Tier Formulary Information
- 2024 PEBB Classic Value CDHP SoundChoice Plan Comparison
- 2024 PEBB Classic Value CDHP Plan Comparison

Classic, Value, CDHP, and SoundChoice* plans

- You now have 24 visits a year each for chiropractic, acupuncture, and massage therapy.
- You can now fill maintenance prescriptions at retail pharmacies. Or you can get them by mail and save a copayment for each 90-day supply.
- SoundChoice: You now have a \$20 copay for primary care visits.
- Telehealth visits now have a \$10 copay. Deductible and coinsurance do not apply to Classic, Value, SoundChoice. (Deductible <u>does</u> apply to CDHP).
- Costs for necessary nutritional therapy for metabolic disorders now applies to the deductible and any coinsurance.
- Diagnostic breast exams and pregnancy termination are now covered in full.
- Hearing aids are now covered up to \$3,000 per ear every 36 months.

Please remind employees that their deductible may be reduced by \$125 by participating in the wellness program through SmartHealth. Learn how to improve your health and reduce your medical deductible at https://doi.org/10.25/ by participating in the wellness program through SmartHealth.

Discover all the services and benefits available at kp.org/wa/PEBB.

Please encourage members to participate in the following:

Below are resources for the WA HCA and Kaiser Permanente that we find to be the most helpful.

- The Washington Health Care Authority's websites:
 - Virtual benefit fair www.hca.wa.gov/vbf-pebb
 - Open enrollment information, materials, and monthly employee premiums: www.hca.wa.gov/pebb-oe
- Kaiser Foundation Health Plan of Washington
 - Website www.kp.org/wa/pebb
 - Plan comparisons
 - Summary of Benefits and Coverage (SBC)
 - Evidence of Coverage (EOC)
 - Links to provider directory and prescription drug formulary
 - · Links to health plan perks
 - Member Services at 1-888-901-4636 (TTY 711)

Please let us know if you have any additional questions.

Kaiser Foundation Health Plan of Washington Kaiser Foundation Health Plan of Washington, Options, Inc.

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^{*}SoundChoice plans offered in King, Kitsap, Pierce, Snohomish, Spokane, and Thurston Counties.