

Garlic Chicken & Spinach

Serves
2

INGREDIENTS

- + 6 cloves of garlic, minced
- + 1 tbsp olive oil
- + 1 chopped chicken breasts
- + ¼ cup of grated parmesan cheese
- + 4 cups of fresh spinach

DIRECTIONS

- 1 Saute garlic in olive oil in large pan.
- 2 Add chicken to pan.
- 3 Brown chicken, making sure to stir to coat with oil and garlic.
- 4 Sprinkle parmesan cheese and stir to coat.
- 5 Add spinach and cook until just wilted.
- 6 Sprinkle with more parmesan when serving, if desired.